## **Glymphatics**

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- "glymphatic" system represents a brain-wide intraparenchymal pathway which *mediates clearance of brain metabolites* via convective interstitial fluid CSF exchange.
- in the absence of its own lymphatic system, the brain parenchyma is dependent on *paravascular* (*glymphatic*) *routes* and the recently (re)discovered *meningeal lymphatics* for removal of metabolic waste and toxic metabolites.

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